cancer in Sugar Land

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✔ Medical Oncology / Chemotherapy
✔ M. D. Anderson Physicians
✔ Advanced Technology
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THE UNIVERSITY OF TEXAS MD ANDERSON CANCER CENTER

M. D. Anderson Satellite Now Open in Sugar Land

(L-R): Janet Tu, M.D., Amit Sarma, M.D. and Isidora Arzu, M.D., PhD

According to the American Cancer Society's 2009 projections, 192,370 new cases of invasive breast cancer will be diagnosed in the United States among women, and 1,910 cases will be diagnosed among men.

M. D. Anderson Cancer Center recently opened the Clinical Care Center at Sugar Land, located on the campus of St. Luke's Sugar Land Hospital. Here, M. D. Anderson will continue its tradition of Making Cancer History® for the Sugar Land and surrounding communities. The Center is led by assistant professors of general oncology Janet Tu, M.D. and Amit Sarma, M.D. and assistant professor of radiation oncology Isidora Arzu, M.D., PhD.

"When treating breast cancer, or any type of cancer, we review each case with a multidisciplinary approach," said Dr. Arzu. "We come to a consensus as a group to decide the best care for the patient. That's why we have the results that we do."

She added, "Radiation for breast cancer can require treatment every day for six weeks. Our patients can have peace of mind knowing that they can access high quality care at a convenient location in their own community."

The M. D. Anderson Clinical Care Center in Sugar Land offers radiation treatment, medical oncology/chemotherapy services, direct appointment scheduling and free parking. Visit www.mdanderson.org/SugarLand or call 281-566-1800 for an appointment or for more information.
Looking beyond the disease and treating the whole patient medically, nutritionally and emotionally is the approach that Dr. Isidora Arzu and her staff take in cancer treatment and patient care.

“We treat the whole and are achieving a better outcome as a result. Approaching each person in their entirety is part of the MD Anderson model, which has a strong focus on quality assurance,” said Dr. Arzu of OakBend Medical Center and The University of Texas MD Anderson Cancer Center's Fort Bend campus.

Dr. Arzu works closely with fellow oncologists, surgeons and nutritionists in determining the best overall plan for each patient, while also taking into account the necessary support for family members and caregivers.

And while she is most excited about the technological advances in such areas as radiation therapy using protons to more directly target tumors and destroy the very DNA of cancer cells, she believes much more work can be done in targeted treatments.

She would also like to see expanded efforts in the support that family members and caregivers receive.

A native of Belize, Dr. Arzu came to Houston to study organic chemistry at Rice University, where she received her Ph.D. She then received her medical degree from The University of Texas Medical Branch at Galveston and completed her training in general radiation oncology at MD Anderson Cancer Center.

Board certified by the American Board of Radiology, she spent her first two years of practice specializing in breast cancer and lymphoma and today has extensive experience using the latest radiation therapy technologies in treating all disease sites.

Dr. Arzu believes that while great strides have been made in the prevention, early detection, and more targeted treatment of many cancers, patient education is key to helping patients overcome the initial fear a cancer diagnosis can have and understanding how individual lifestyle choices can impact long term outcomes.