Wagiya ya bei!!!!! Wagiya ya bei!!!!! Wagiya ya bei!!!!! Wagiya ya bei!!!!! Wagiya ya bei!!!!!

By Orlando Augustine

From the time when the 7.0 magnitude earthquake shook and devastated the lives of the Haitian people, the island seems to be still in turmoil. Viewing the agony and the pains the people experienced there seem to be no adequate system in place which is expected during times like these. As terrified survivors struggled for survival, they are yet to challenge the fear of disease and hunger. Hopes for Haiti are seen in a distance.

According to information out of CNN the recorded death toll accounted for in the earthquake is believed to estimate 200,000 people and over one million sheltered in makeshift facilities fending for their basic needs of everyday life.

Although countless aid and relief material are into being sent and there are reports of lack of basic medical items, medical personnel are seen doing their best to save lives of the victims and at the same time coping with the stench of dead and decaying bodies. This is not an easy task especially whenever they have to leave the comfort of their homes.

According to the United States Geological Survey that Haiti earthquake is the strongest ever that is recorded within a depth of only 10 kilometers (6.2 miles) causing a greater chance of severe damages to a number of houses and infrastructure. Just imagine the distance from Dangriga to beyond Belmopan and the distance to mile six junction.

On Wednesday morning, during their struggle to recover after the previous devastating earthquake, the unfortunate Haitians were rocked by another earthquake. According to the U.S. Geological Survey it measured 6.1 on the Richter scale causing the people to scream and to run from their homes to the streets.

Although up to press time, it is still unknown what damages are caused by this new disaster, it surely caused additional agony to the Haitians who are trying to put their lives together.

The government and people of Belize need to be applauded when they were approached by three male persons, one of whom asked them what problems they had with one JUSTIN USHER.

The three male persons then started to beat Elton Meztken and MR. MARTINEZ intervened during the altercation he received the said injuries. He was transported to the KHHM where he succumbed to his injuries whilst under going treatment. Quick Police investigation have since led to the recovery of the suspected murder weapon and the detention of JUSTIN USHER and four persons including a minor, pending investigation.
Mercy for Haiti

Our Caribbean brothers and sisters of Haiti have been hit with what seems to be an endless series of natural disasters. Each disaster has been more intense than the one before but none more than the latest that struck on January 14. It is estimated that between 100,000 to 200,000 people may have lost their lives in the killer earthquake that has devastated Haiti.

In relation to Belize, an earthquake of that magnitude would have claimed the lives of approximately one-third to two-thirds of Belize’s population. It does not require much imagination to understand what a catastrophe that is for our brothers and sisters in Haiti and how devastating it would be for our people and country of Belize.

Belizeans have responded to the natural disaster and ensuing human tragedy in Haiti with their hearts, hands and cash. The kindness, friendliness and compassion of our people are some of the things that Belizeans are famous for. Belizeans also have a highly developed sense of justice and of the importance of justice demands that we offer more than cash and sympathy. Our sense of justice requires that we offer sanctuary to our brothers and sisters in Haiti who suffer not only because of natural disasters but also unjustly because of manmade disasters including racism.

“Haiti’s vulnerability to natural disasters, its food shortages, poverty, deforestation and lack of infrastructure, are not accidental. To say that it is the poorest nation in the Western hemisphere is to miss the point; Haiti was made poor–by France, the United States, Great Britain, other Western powers and by the IMF and the World Bank.”

As historians have documented, “the impoverishment of Haiti began in the earliest decades of its independence, when Haiti’s slaves and free people of color rallied to liberate the country from the French in 1804. But by 1825, Haiti was living under a new kind of bondage–export debt. In order to keep the French and other Western powers from reinstating slavery Haiti agreed to pay 150 million francs in reparations to French slave owners (yes, that’s right, freed slaves were forced to compensate their former masters for their liberty). In order to do that, they borrowed millions from French banks and then from the US and Germany. By 1900 as Alex von Tunzelmann pointed out “by 1900, it [Haiti] was spending 80 percent of its national budget on repayments.”

It took Haiti 122 years, but in 1947 the nation paid off about 60 percent of the debt, most of which was owed to French banks, of this debt (it was able to negotiate a reduction in 1838). In 2003, then-President Aristide called on France to pay restitution for this sum–valued in 2003 dollars at over $21 billion. A few months later, he was ousted in a coup d’état; he claims he left the country under armed pressure from the US.

A 2008 report from the Center for International Policy points out that in 2003, Haiti spent $57.4 million to service its debt, while total foreign assistance for education, health care and other services was a mere $39.21 million. In other words, under a system of supposed kindness, Haiti paid back more than it received.

So what can activists do in addition to donating to a charity? One long-term objective is to get the IMF to forgive all $265 million of Haiti’s debt (that’s the $165 million outstanding plus the $100 million issued this week). In the short term, Haiti’s IMF loans could be restructured to come from the IMF’s rapid credit facility, which doesn’t impose conditions like keeping wages down.

Indeed, debt relief is essential to Haiti’s future. It recently had about $1.22 billion in debt canceled, but it still owes about $891 million, all of which was lent to the country from 2004 onward. $429 million of that debt is held by the Inter-American Development Bank (IDB), to whom Haiti is scheduled to make $10 million in payments next year. “Obviously, that’s money better spent on saving Haitian lives and rebuilding the country in the months ahead; the canaries in the mine that still exist are the people who will not live up previous capital. The US controls about 30 percent of the bank’s shares; Latin American and Caribbean countries hold just over 50 percent. Notably, the IDB’s loans come from its fund for special operations (i.e. the IDB’s donor nations and funds from loans that have been paid back), not from IDB’s bonds. Hence, the total amount could be
MERCY FOR HAITI
(Cont’d from pg. 1)
for their humanitarian efforts
to rise to the aid of the people of
Haiti. No doubt, we expect to see
a number of Haitians migrating to
Belize in search of peace of mind
and happiness. With the present
recession affecting the country,
are we prepared to accommodate
our distraught brothers and
sisters? Your guess is as good as
mine.

We are blessed and must be
thankful to the Almighty for
sparing our country from natural
disaster during the last hurricane
season. We pray for the
same this year and also for
the people of Haiti.

TURMOIL IN HAITI
(Cont’d from pg. 1)
forgiven without impacting the
IDB’s triple-A credit rating.”

Finally, the world owes a debt
to Haiti for its contribution to
the liberation of humanity from
slavery. Belize with its small
population and its large land
area could do with an infusion
of energetic, artistic, intelligent
and disciplined Caribbean
people whose contribution could
only enrich our country. Give
some of our Haitian brothers
and sisters some land in Belize.
It would be a noble and
generous act of mercy from
which we would also benefit.
Mercy for Haiti.

GLADITUDE
I'm glad each morning when I rise.
I'm glad for the breath and health inside.
I'm glad I can hear the birds sing and musical sounds.
I'm glad for the inner peace I've found.
I'm glad I can see sunsets, faces, trees and rain.
I'm glad I'm getting stronger and overcoming my pain.
I'm glad I can feel and touch my loved ones.
I'm glad I smell flowers and food in the oven.
I'm glad I live under God's mercy and grace.
I'm glad I'm giving up this stressful race.
I'm glad to know His love sets me free.
I'm glad each morning when I rise.
Caribbean News

Caribbean islands prepare to take in Haitian refugees

NASSAU, Bahamas, January 15, 2010

Several Caribbean nations are bracing for an influx of Haitians fleeing their earthquake-hit country, with some already preparing to house, clothe and feed them, whether they enter legally or not.

Some expect to see an increase in Haitians entering their countries as they seek an escape from the death and devastation brought on the already impoverished nation by Tuesday’s 7.0 magnitude earthquake.

In the Bahamas, Director of Immigration Jack Thompson has confirmed that a hold has been placed on the repatriation of Haitians who have entered the country illegally.

We have no intentions of repatriating the Haitians at the Detention Centre at this time given the extent of the devastation in Haiti,” said Thompson.

In fact, on the morning after the earthquake, a flight that was scheduled to repatriate 72 Haitians was cancelled.

Officials say that Inagua, the closest of the Bahamas islands to Haiti, is likely to be the first affected by Haitians fleeing the devastation.

Thompson said the Immigration Department is therefore preparing to send tents, bedding, food and additional personnel to Inagua.

Two Immigration Officers, 50 Defence Force Officers, eight police officers and a Red Cross team are stationed on the island.

“We are in the advanced stages of having Inagua in a state of readiness in the event we need to move in that direction,” he said.

Additionally, the Detention Centre in New Providence is being put "in a state of readiness" with tents, portable toilets, bedding and food.

“We want to be ready,” Thompson said. “We take this very seriously. We want to ensure that we are prepared and we are ready.”

Former Jamaican PM to play part in plan for Haiti

Former Jamaican Prime Minister PJ Patterson will serve as the Caribbean Community (CARICOM) representative on an international committee that has been given the task of developing a plan for Haiti’s recovery.

KINGSTON, Jamaica, January 20, 2010

Former Jamaican Prime Minister PJ Patterson will serve as the Caribbean Community (CARICOM) representative on an international committee that has been given the task of developing a plan for Haiti’s recovery.

Prime Minister Bruce Golding said Patterson has already agreed to be part of the Coordinating Committee, which was proposed at a donors meeting in Santo Domingo on Monday.

"After consulting with the Chairman of CARICOM, Prime Minister Roosevelt Skerritt as well as Prime Ministers Patrick Manning of Trinidad and Tobago, David Thompson of Barbados and Hubert Ingraham of the Bahamas, I was authorized to invite former Prime Minister PJ Patterson to be CARICOM’s representative on this Committee and I am pleased that Mr Patterson has accepted the assignment,” he reported to Parliament yesterday.

“This plan will be informed by the long-term objectives outlined in the UN Millennium Development Goals, Haiti’s National Strategy for Growth and Poverty Reduction and the World Bank’s Policy Paper ‘Options and Opportunities for Haiti’,” Golding explained.

In additional to Patterson, the Committee will comprise representatives from Haiti, the Dominican Republic, the United States, Canada, Brazil, Mexico, the United Nations, the European Union, the Organization of American States, the Rio Group and Inter-American Development Bank.

The Committee will hold its first meeting in Montreal, Canada next Monday, coinciding with a donors’ conference on Haiti which is being convened by that country’s government.

Thought for the Day:

Inhale positivity and you will exhale kindness; remember to deposit positive words into the lives of others.”
Dickory, Dickory, Dare

Dickory, dickory, dare,
The pig flew up in the air;
The man in brown
Soon brought him down,
Dickory, dickory, dare.

Pussycat, Pussycat

Pussycat, pussycat,
Where have you been?
I've been to London
To visit the Queen.
Pussycat, pussycat,
What did you there?
I frightened a little mouse
Under her chair.

Rock-a-bye Baby

Rock-a-bye baby
On the tree top,
When the wind blows
The cradle will rock,
When the bough breaks
The cradle will fall and
Down will come baby,
Cradle and all.

Jack and Jill

Jack and Jill went up the hill,
To fetch a pail of water;
Jack fell down, and broke his crown
And Jill came tumbling after.

Up Jack got and home did trot
As fast as he could caper;
Went to bed to mend his head
With vinegar and brown paper.

Jill came in and she did grin,
To see his paper plaster,
Mother, vexed, did whip her next,
For causing Jack's disaster.
The recent earthquake in Haiti has been most devastating. The structural damage is nothing compared to the lost of lives and physical and emotional injuries. As those in Haiti try to cope and deal with the aftermath, the rest of us are as well. Those to be most concerned about are the children who are seeing these images and hearing the stories and unsure what to make of it. The following suggestions have been taken from the National Child Traumatic Stress Network (NCTSN), whose mission is to address the needs of traumatized children.

The NCTSN recommends that parents should spend time talking to their children, letting them know it is okay to ask questions and to share their worries. Although it will be hard finding time, parents can talk with their children during regular routines such as mealtimes or bedtimes. Issues may come up more than once and parents should remain patient and open to answering questions and clarifying the situation. They should let children know, without overwhelming them with information, what is happening in the community, with their school and in the neighborhood.

Parents should answer questions briefly and honestly and ask their children for their opinions and ideas. To help younger children feel safe and calm after talking about the earthquake, parents might read a favorite story or have a relaxing family activity. Depending on the extent of their exposure or concern about the earthquake, parents can do the following to help children's recovery:

- Be a role model. Try to remain calm so that you can teach your child how to handle stressful situations.
- Monitor adult conversations. Be aware of what adults are saying about the earthquake or the damage. Children listen to adults' conversations, and may misinterpret what they hear, becoming unnecessarily frightened.
- Limit media exposure. Protect your child from too many images and descriptions of the earthquake, including those on television, on the Internet, on radio and in the newspaper.
- Reassure children that they are safe. You may need to repeat this frequently even after the earthquake passes. Spend extra time with them, playing games outside, reading together indoors or just cuddling. Be sure to tell them you love them.
- Calm worries about their friends' safety. Reassure your children that their friends' parents are taking care of them, just the way you are taking care of your children.
- Tell children about community recovery. Reassure them that the government is working hard to give families the help they need.
- Take care of your children's health. Help them get enough rest, exercise and healthy food and water. Give them both quiet and active activities.
- Maintain regular daily life. In the midst of disruption and change, children feel more secure with structure and routine. As much as possible, have regular mealtimes and bedtimes.
- Maintain expectations. Stick to your family rules about good behavior and respect for others. Continue family chores but keep in mind that children may need more reminding than usual.
- Encourage children to help. Children cope better and recover sooner when they help others. They can help with the local volunteer efforts, like donating food, supplies or money.
- Do not criticize your children for their reactions or behavior, such as clinging to parents, acting out the earthquake in play, or seeking reassurance frequently.
- Your children may be more distracted in school and may need extra help with homework for a while so be extra patient with them.
- Give support at bedtime. Children may be more anxious when separating from parents. Spend a little more time than usual talking, cuddling, or reading. Start the bedtime routine earlier so children get the sleep they need. If younger children need to sleep with you, let them know it is a temporary plan, and that soon they will go back to sleeping in their own beds.
- Keep things hopeful. Even in the most difficult situation, your positive outlook on the future will help your children see good things in the world around them, helping them through challenging times.
- Seek professional help if your child still has difficulties more than six weeks after the earthquake.

Out-a-Wagierale

When will the madness end?

It seems that despite all the cries for a solution to end Belize’s urban warfare, the senseless execution of our brethrens out in the old capital seems to continue to be the order of the day. It seems to me that the brethrens no longer have the patient to sit down and discuss their problems like rational human beings. Even worst, they now seems to be intolerant of each other invading their space that they are not afraid to use high powered and sophisticated weapons to send the message home loud and clear. This scare tactic and flight for control has now taken on an even new face with the use of grenades. I will therefore use this article to reflect on the general situation affecting our society, some causes and effects and possible solutions to the problem.

Belizean Urban Warfare began many years ago and countless attempts have been made to address the problem by both political parties that have led this nation. I know for a fact that some of the initiatives applied have been the CYDF, the Conscious Youth Development Program, Youth for the Future Movement, The Yabra Community Program etc. Police Booths have been set up in hotspots, increased police patrol and vigilance within these identified hotspots as well as the posting of cameras. All these projects have good intentions, and are costly to maintain yet it seems that they are still not yielding the desired results. The brothers continue to kill each others. In essence they are shot down like flies. In the process, mothers continue to weep; siblings continue to show their support and loyalty to their loved ones by saying how good they were and never in any trouble. This becomes so grounded by the ‘Masta God’ image. The people ran to them for everything and this resulted in the dependency. But that was back then. Today our society is a more educated one and the situation has only worsened. Our children today are dying for the quick cash. They do not want to work or earn. They continue to long for change and behavior, such as available, they do not hesitate to use force to take what another individual has.

(Turn to pg. 7)
1. Midnight freak show at back a town in the nude. Police used tear gas to break it up!

2. Chinese in Hopkins are trying to prevent another Chinese from opening up his store - so much Chinese in town that they are at each others' necks.

3. Councilor may be judged by the people at the Supreme Court for the pat on the butt, $700 worth.

4. Area rep new office is yet to be open to the public. Must do the face lift first?

5. The open lot on Ecumenical Drive to become Bus Terminal. Who now owes the land and is the rural rep behind it all?

6. There seems to be no support for the charged councilor among his colleagues. Is it because of his desire for 2013?

7. This January has us thinking only about food on the table and the bills. Is this why we are easily divided?

8. Police Inspector threatened to drive through the John Canoe dance on the street in Griga. Such arrogance and lack of respect for our culture!

9. DTC grading only half of the street. Holding malice with voters on the other half?

10. Is the area rep now eyeing 2013?
The British formed a group called Pirates who were highly trained to capture and destroy non-British vessels. They also captured and killed all the sailors on board. In addition, they signed agreements with Spain to take and occupy some of their illegal territories with the intention to stay on them permanently. The French did this on the Spanish island of Hispaniola in the early 1600’s while Portugal had the continent of Africa for themselves. The Catholic Pope and pledge to fight against this unlawful treaty.

The British chose to practice like everybody else, to navigate the high seas and look for non-British vessels capture them, take their cargoes and kill all the sailors on board. In addition, they signed agreements with Spain to take and occupy some of their illegal territories with the intention to stay on them permanently. The French did this on the Spanish island of Hispaniola in the early 1600’s while Portugal had the continent of Africa for themselves. The Catholic Pope and pledge to fight against this unlawful treaty.

The British did the same thing in 1638 by getting permission to cut logwood and mahogany from their occupied territories in Central America that was under the Captaincy General of Granados which capital was in Guatemala City and New Spain that had it’s capital in Mexico City. The Mexican government in a treaty with England later denounced their claim to Belize. While the Guatemalan government kept hanging on to their unlawful claim. Like the French, the British had no intention of leaving because they said from the beginning that they will never honor the treaty that was signed between Spain and Portugal giving them both titles to the entire Americas, Caribbean and Africa. Today that settlement has led to the emergence of a nation called Belize that is struggling to maintain it’s natural seas and lands, but is still haunted by a Guatemalan claim because of European’s unlawful actions.

The Haitians were able to defeat France with the help of their ancestors and their powerful war God “Ogun” one of the most powerful God in the religion of the Yoruba people who mostly live in the country of Nigeria on the African continent. Most Haitians are descendants of various African cultures that were brought from the continent of Africa during slavery. Many Europeans look upon African people with disdain as if they are uncivilized, backward and stupid even up to this very day. Yet they know that the first people on this planet earth were black people and great civilizations existed on the continent of Africa long before the Europeans set foot on the African continent. In fact many African Kings and Queens sponsored expeditions and invasions of several territories in Europe, Asia and elsewhere. The Empires of Mali like; King Askia Mohammad, Songhay and Ghana are typical examples.

The Haitians are still looked upon by many Europeans and some Caribbean people as evil people but this assertion is far from the truth. They are entitled to practice whatever religion they choose to practice like everybody else to save their souls. For me it is laughable for anyone to believe that the Europeans are interested in saving the souls of other people after all the atrocities they have committed all over this planet earth. Europeans must accept the fact that Christianity is not the only religion on earth. Islam, Buddhism, Hinduism and several other religions and practices on this planet earth.

As a Garifuna person it took me some time to accept and understand my own culture religion which is also based on African Ancestral Rites called “Dugu”. I have accepted it and will not depart from my religion just to remain a christian. This religion has provided me with solace and healing over the years.

The country of Haiti needs the entire world to be on it’s side at this current moment because a natural disaster can occur anywhere at anytime. If there are any people in this world who have suffered and punished enough they are the Haitian people and enough is enough. Several people have died in this country and the structural damages and human suffering done nationwide is severe. Looking at the news has brought tears to my eyes because as a human being, I have feelings and these people are all God’s children like me. There is enough in this world to give every human being in this world who is in need of something but we have got to rid ourselves from this culture of greed and selfishness and just do some work one day and everything we possess will remain here after we have departed this planet earth.

About BTIA

The Belize Tourism Industry Association is a non-government, membership, advocacy organization promoting and maintaining sustainable tourism, while safeguarding the natural and cultural integrity of Belize for the benefit of all. The purpose of the BTIA is to serve and promote the interests of its members, to develop and promote the Belize tourism product and to influence and secure the improvement of the industry. The Stann Creek CChA is applying for the renewal of the LIQUOR LICENSE for the year 2010 to operate KANIE’S SHOP located at San Roman Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that MARIA ABREGO is applying for the renewal of the LIQUOR LICENSE for the year 2010 to operate KAFUN RESTAURANT located at Independence Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that DOLORES QUINTERO is applying for the renewal of the LIQUOR LICENSE for the year 2010 to operate KANIE’S SHOP located at San Roman Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that DOMINGO ABRUGU is applying for the renewal of the LIQUOR LICENSE for the year 2010 to operate TONY’S SHOP located at Independence Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ANNA MARIA MERA is applying for the renewal of the LIQUOR LICENSE for the year 2010 to operate KANIE’S SHOP located at Independence Village, in the Stann Creek District.

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Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Fernando Caballero is applying for the renewal of a Publican Special Liquor License for the year 2010 to operate Wadani Shed located at St. Vincent Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Consuelo Guzman is applying for the renewal of a Publican Special Liquor License for the year 2010 to operate Whispering Pines located at Silk Grass Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Eileen Gonzalez is applying for the renewal of a Malt & Cider Liquor License for the year 2010 to operate Little Hopkins Fast Food located at Hopkins Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Sharon & Horace Andrews is applying for the renewal of a Malt & Cider Liquor License for the year 2010 to operate Jungle Java located at Sittee River Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Ionie Arnold is applying for the renewal of a Restaurant Liquor License for the year 2010 to operate Country Side located at Seine Bight Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Adeph Williams is applying for the renewal of a Restaurant & Bar Liquor License for the year 2010 to operate L & A Restaurant & Bar located at Seine Bight Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Jan Jun Cao is applying for the renewal of a Shop Liquor License for the year 2010 to operate Jimmy's Super Market located at Hope Creek Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Elvis Jackson is applying for the renewal of a Publican Special Liquor License for the year 2010 to operate Coco Loco Bar located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Marcus Chen is applying for the renewal of a Publican Special Liquor License for the year 2010 to operate La Mafia Bar located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Danilo A. Alvarenga is applying for a Publican Special Liquor License for the year 2010 to operate Temptation Bar & Grill located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that Lorraine Rivas is applying for the renewal of a Restaurant Liquor License for the year 2010 to operate Makarlie's Restaurant located at Independence Village, in the Stann Creek District.
Moments -- but there are a few too many of them today!
You are feeling much more comfortable with PISCES in the right direction, so follow up on it.
You can't figure them out. Sometimes you need to listen. You might be surprised at how much you can learn.
That's fun if you're not so determined to know better -- is speaking in riddles today.
Your great attitude guarantees satisfaction.
Your friends will. Stay in touch.
Try not to get too worried about what's going on with your rivals, or even your colleagues and friends -- focus on your own needs. Your great energy should help you reach some sweet milestones.
Don't give up. Keep your limits.
Don't take yourself so seriously. No one else does.
Don't take your precious energy on gossip.
Dream more while you are awake.
Envy is a waste of time. You already have all you need.
Forget issues of the past. Don't remind your partner with his/her mistakes of the past. That will ruin your present happiness.
Life is too short to waste time hating anyone. Don't hate others.
Make peace with your past so it won't spoil the present.
No one is in charge of your happiness except you.
Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
Smile and laugh more.
You don't have to win every argument. Agree to disagree....
Call your family often.
Each day give something good to others.
Call your family often.
Sit in silence for at least 10 minutes each day.
Make time to pray.
Live with the 3 E's -- Energy, Enthusiasm and Empathy.
Don't have negative thoughts or things you cannot control.
Go shopping, or even leave your house. It's a good time to make big changes in your thinking.
Service is your aim today and you should find it easier than usual to get people what they need -- whether or not they have any idea what that may be! Your great attitude guarantees satisfaction.
Each and every one of you are being pig-headed today and there's just no telling them what to do. You almost certainly have to bide your time for the day, unless you've got enough authority to dictate results.
Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
Smile and laugh more.
You don't have to win every argument. Agree to disagree....

You are feeling much more comfortable with your regular routine than you are with odd, spontaneous moments -- but there are a few too many of them today! Strike a balance and have fun with it.
You see patterns everywhere, and today you stumble on something that is much bigger than you would have expected. It's a sure thing that you're headed in the right direction, so follow up on it.
Your amazing personal energy means that you can have fun anywhere.
Someone close -- or someone you'd like to know better -- is speaking in riddles today. That'd be fun if you weren't so determined to figure them out. Sometimes you need to accept mysteries as they are.
**Corn Pudding**

**Ingredients**

- 1 can (15 ounces) creamy corn
- 1 can (15 ounces) sweet corn
- 1 cup evaporated milk
- 2 eggs
- 1 medium onion (chopped)
- Salt
- Hot pepper to taste

**Method**

1. Preheat oven to 350 degrees and combine all the ingredients in a large bowl.
2. Pour in a greased pyrex dish. Bake at 350 degrees for 20-30 minutes or until knife comes out clean.

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**Jesus Knows You're Here**

A burglar broke into a house one night. He shined his flashlight around, looking for valuables when a voice in the dark said, 'Jesus knows you're here.'

He nearly jumped out of his skin, clicked his flashlight off and froze.

When he heard nothing more, after a bit, he shook his head and continued.

Just as he pulled the stereo out so he could disconnect the wires, clear as a bell he heard 'Jesus is watching you.'

Freaked out, he shined his light around frantically, looking for the source of the voice.

Finally, in the corner of the room, his flashlight beam came to rest on a parrot.

**Moses**

'Did you say that?' he hissed at the parrot.

'Yep', the parrot confessed, then squawked, 'I'm just trying to warn you that he is watching you.'

The burglar relaxed. 'Warn me, huh? Who in the world are you?'

'Moses,' replied the bird.

'Moses?' the burglar laughed. 'What kind of people would name a bird Moses?'

'The kind of people that would name a Rottweiler Jesus.'

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**WABAGARI POST**

*can be purchased at the following places:*

- Integrated Business Systems
- Roxy Club
- Valley Road Texaco Service Station
- Oscar Ramirez Bookstore
- Styno's Pharmacy
- SiahNet Cyber Café
- Tania’s Guest House (Hopkins Village)
- Georgetown Village (Arlette Lee)
- Sittee River Village (Ava Kelly)
**WABAGARI SPORTS**

*The New Site Erei Over - 35 Football Competition 2009 – 2010*

*SPECIAL AWARDS*

1. The Ruperto Vicente Most Active Referee Trophy: **Mr. Elroy Suazo**
2. The Orin Orio Best Goalkeeper: **Mr. Philip Swaso (Team Griga)**
3. The Buck Palacio Best Defense Trophy: **Mr. Justin Gonzalez (Team Griga)**
4. The Chicken Cacho Best Midfielder Trophy: **Mr. Luke Roches (199 Degrees)**
5. The Andrew Chavez Best Striker Trophy: **Mr. Victor Orellano (Belmopan Veterans)**
6. The Oscar Marcello Most Goals Trophy: **Mr. Ian McLaughly (Pomona Strikers)**
7. The Henry Moss M.V.P. Trophy: **Mr. Walter Sontay (Union Commercial)**
8. The John Moody Fair Play Trophy: **Mr. Darrel Bernarddez (199 Degrees)**

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**The New Site Erei Over - 35 Football Competition**

**Third Place: Game 2**

The Carl Ramos Stadium is the place to be this Friday, 22 January, 2010, at 7:30 p.m. if you want to enjoy great football action.

**Belmopan Veterans vs. Union Commercial**

Come and see who will walk away with the following trophies:
1. The Timothy Flores & Timothy Westby 3rd Place Trophy: Donated by Tech Design
2. The Andrew Chavez Best Striker Trophy: Donated by Mr. Edward Solomon Sr.
3. The Henry Moss M.V.P Trophy: Donated by Belize Bank (Dangriga)

Entrance Fee is $3.00. Music, food and drinks will be available.
Please come out and support the New Site Erei Over – 35 Football Competition.

**To God Be The Glory!**

**GIVE HIM PRAISE!**

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**OVER 35 RESULTS, BELIZE CITY**

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**Sunday’s Game:**
4:00p.m. Northside vs. City Stars
6:00p.m. Kulture vs. Plaza

Player registration is close. All teams list must be in by Wednesday, January 20, 2010.