Inflicted the wound.

Bridge, on St. Vincent near the main was standing in front of revealed that whilst the victim hand. Initial investigating a large chop wound to his right Santiago Ciau Jr. Dangriga where they saw (26) .45 live rounds. a further search led to the discovery of three magazines containing (6).45 live rounds. A 45 l i v e  r o u n d s.

By Orlando Augustine

The thundering sound of the Garifuna drums and the waving of the yellow, white and black is once again history. For a number of us, it’s goodbye to our cultural traditional blouses and skirt for the women and the dashiki for the men. Indeed, we are proud and honored to make the dream of Vincent Ramos, Andy Palacio, Marcela Lewis and those who have gone before us an annual reality, by bringing our people together to celebrate in this historic journey of our ancestors. A t t h e  e n d  o f  a l l  t h e pageantry, have we as Garinagu answered the call of our ancestors? Are the Garinagu today more empowered to promote the Garifuna Culture, than yesterday? Are our children who should be nurturing the preservation of our culture, well informed about our history? Let us answer the call of our ancestors. For this theme to become a reality, we all need to work together and give support to the call of our ancestors. Honestly, I cannot sit and say that in spite that this is the only historic arrival of a people celebrated in the country that all is well with the Garinagu. We must face the facts, that’s what the National Garifuna Council needs to do, to be more vigilant in promoting the culture especially in all the Garifuna speaking communities. Therefore, the Council needs to organize regular summits as (T o o k  t o  p g . 9)

DORIAN WELCOME charged with attempted murder Dangriga

On November 19, Santiago Ciau Jr. received a large chop wound to his right hand while standing in front of Higha Level Night Club on St. Vincent Street and as a result Dangriga police have arrested and charged Dorian WELCOME, of #2 Isla Road, Dangriga for the crimes of Attempted Murder; Dangerous Harm and Use of deadly means of Harm. Police were called to St. Vincent Street, Dangriga where they saw Santiago Ciau Jr. with a large chop wound to his right hand. Initial investigating revealed that whilst the victim was standing in front of a Night Club named Higha Level on St. Vincent near the main bridge, Ciau was approached by a man who had a machete who inflicted the wound. Ciau was transported to the Karl Huesner Memorial Hospital where he is listed in a stable condition.

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Men’s Health: Taking Care of Business

Non communicable chronic disease is a plague in the Caribbean which brings with it emotional and financial burdens that for the most part could be avoided if we each did our part by making lifestyle changes that include yearly medical checkups. Men seem to have an aversion to visiting their doctors and having their body examined, but at the slightest sign of trouble to their cars, they quickly make their way to their favorite mechanic. So, the question is why don’t men take care of their own bodies in the way that they take care of their vehicles?

There are many reasons why men avoid going to a doctor. Under the age of 40, men mostly view doctors in terms of emergencies, surgery, or dealing with sick people. In these terms men see little point in visiting the doctor unless something is obviously wrong.

Trapped in gender roles from a young age that limit how males should behave, men are socialized into internalizing their emotions and their physical discomfort. Subsequently, many men who want to disclose information about their mood state, or even their physical state, don't know where to start. This relates to the socialization issue.

Not only do visits to the doctor signal illness or an inability to cope, many men believe that to say something about their health issues jeopardizes their masculinity.

Medical care may include discussions about emotions, stress and depression. In addition, physical problems can be sexual. Talking about “private” areas of the body or their emotions is more difficult for men than for women. They may be embarrassed or simply feel uncomfortable. Another common concern in men is that they think their problem or physical state is something unique and that they will be judged unfairly because of it. Nothing could be further from the truth and the chances of your doctor never having come across your situation before are so small, they don't merit much thinking about. Either way, as far as the see it, it is easier to avoid going, and therefore, avoid embarrassing conversations.

A lot of men simply prefer to grit their teeth and hope that whatever is wrong with their health will go away.

The bottom line though is that checkups are essential to good health. Men, just like women, can benefit from annual check-ups. Many diseases are preventable or are better able to be treated when detected and treated early.

According to the Pan American Health Organization, NCNDs (Chronic Non Communicable Diseases), e.g. hypertension, diabetes, obesity are taking a toll on the country's limited health resources and causing a loss of productive hours.

Speaking about the epidemic of CNCDs in the Caribbean, specifically in Jamaica, PAHO advisor for disease control, Dr. Rwang Abwoba says that: “It is not an exaggeration when we say non communicable diseases have reached epidemic proportions in Jamaica. In fact, a recent survey conducted on health and lifestyles in 2008, has showed that over the period 2000 and 2008, the prevalence of obesity, diabetes and hypertension have increased. It is not only a cost to us in terms of the health infrastructure but 10 per cent productivity loss is due to chronic diseases. Most of the deaths are (persons) under 70 years of age,” she said.

The cost to our people and country is heavy; it includes increased healthcare expense, loss of health, income and ultimately the loss of our loved ones for reasons that are preventable.

Clearly the ultimate responsibility for men's health is in their hands but we all benefit if we can support and encourage our males to take care of business by taking care of their health.
Let Us Answer The Call Of Our Ancestors

By Orlando Augustine
(Cont’d from pg. 1)

an integral part of its annual plan in an effort to forge better relations with the local branches. Moreover, if we need to see competition in the annual selection of our Garifuna Queen, it is important that the Council examine itself closely and evaluate its performance. Apart from the lack of effort to garner attractive prizes, the rote learnt speeches were excellent but some of the candidates need to work on the pronunciation of some words. I am in no way knocking down the effort of the hardworking members of the National Garifuna Council; they need to reach out to their people. I am aware that to keep the Garifuna culture alive is the task of every one of us but leaders should guide us along the path. It must be emphasized that, the Council should not only see Garifunaness from the annual convention and celebration standpoint but also from the position that provides an advantage for the economic development of its people.

If we are to seriously answer the call of our ancestors, all aspect of the Garifuna culture must be an integral part of the school curriculum and the media. When Hamalali Garinagu community radio station that claims to be a Garifuna mouthpiece began broadcasting, one of its main objectives was to ensure the preservation and awareness of the Garifuna language. To date, in spite of its objective that the announcers will participate in an intensive Garifuna language program that will allow them to broadcast in Garifuna, the station broadcasts primarily in non-Garifuna language. Let National Garifuna Council, that claim ownership of the radio station, understand that this action is not answering the call of our ancestors. The National Garifuna Council and the radio station need to bring greater awareness about the Garinagu and their special place in our Belizian history. These vital entities need to assist in the awakening of our cultural pride in promoting the culture in every Garifuna community events. Just imagine the selection of our Garifuna queens in every Garifuna community and the southern tour by a non-Garifuna radio station. Where was the Garifuna radio station? Our children need to be encouraged to study and broadcast our ancestors’ history. It must be emphasized that, being a November 19th Garifuna will never answer and challenge the call of our ancestors.

Let me close by borrowing a few lyrics from the late Andy Palacio’s departure song that contributed to theme for our celebration this year. ‘I question who will bake cassava bread for us in future to come. I question who will speak to me in Garifuna in future to come. I question who will perform in Garifuna in future to come. I question who will perform the dugu in future to come.’ Indeed, if our Garifuna brothers and sisters do not heed to the powerful lyrics of this song, the call of our ancestors who struggled to preserve the Garifuna culture will soon be history that could only be revealed.

Thought for the Day:
“Life should be like arithmetic; joys added, Sorrows subtracted, friends multiplied and love undivided.”

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Vincentians vote in historic Constitution referendum

More than 98,000 people are eligible to vote in the referendum and the Commission said a high turnout is expected.

KINGSTOWN, St Vincent, November 25, 2009

Vincentians are today casting ballots in a historic referendum on the adoption of a new Constitution. A total of 225 polling stations opened from 7 am and are scheduled to close at 5 pm. But the Constitutional Vote St Vincent and the Grenadines Electoral Commission says it is prepared to extend polling stations opening times to ensure all voters get the chance to have their say.

More than 98,000 people are eligible to vote in the referendum and the Commission said a high turnout is expected. Observers from the Caribbean Community (CARICOM) Secretariat and the Organization of American States (OAS) are monitoring the poll.

It's expected that the ballots should be tallied and a result made public by midnight. The governing Unity Labour Party has been conducting a "Yes Vote" campaign over the past several weeks in an effort to convince voters that replacing the Constitution handed down at independence in 1979 is the right move. It needs 66.7 percent of the vote to effect change. However, the opposition New Democratic Party has been calling on voters to reject the proposed Constitution. Additionally, a "Vote No Committee" has also been lobbying against it and questioned the government's use of public funds for its campaign.

The 23-year-old Olympic triple medalist received his 2009 award last night at a ceremony where 24-year-old American Sanya Richards took the female title. (Photo: SportingEagle.com)

MONTE CARLO, Monaco, November 23, 2009

Jamaican sprint star Usain Bolt has been named the Male World Athlete of the year for the second consecutive year. The 23-year-old Olympic triple medalist received his 2009 award last night at a ceremony where the government's use of public funds for its campaign.

Usain Bolt does it again

The grant, which comes from the new IDB Multidonor Gender and Diversity Fund created in May 2009, will finance a variety of initiatives over a three-year period.

Entitled 'New Horizons: Toward Increased Political Participation by Women', the project has been approved by the IDB at a time when women have gained access to the region's highest political posts. Michelle Bachelet was elected president of Chile in 2005; the following year Portia Simpson Miller became Jamaica's prime minister; and in 2007, Cristina Kirchner became president of Argentina by popular mandate.

In barely two years, from 2005 to 2007, the number of women holding posts as ministers in Latin America rose from 15 per cent to 24 per cent of the total, the IDB noted.

"The presence of women in the legislative branches has also grown in a sustained way, in part because 12 countries in the region have adopted a quota system for candidate slates that sets a minimum for women. The number of women congressional representatives in Latin America and the Caribbean has climbed from seven per cent in 1990 to 19 per cent in 2009," it added. Despite these advances, a recent IDB study found that gender equality is far from being a reality and the growing number of women in public positions does not include indigenous or Afro-descended women, even in countries where these groups represent a substantial proportion of the population. "This project will make it possible to finance strategic measures aimed at strengthening effective participation by women in areas of decision-making that affect their lives and the lives of their families," explains IDB project team leader Gabriela Vega. The grant, which comes from the new IDB Multidonor Gender and Diversity Fund created in May 2009, will finance a variety of initiatives over a three-year period.

It will also finance initiatives to help create exchange networks; facilitate the transfer of ideas, strategies and resources; and develop awareness of why it is important for women to participate in decision-making. In addition, the funds will finance academic research about women's leadership, modernization of the State and mechanisms to strengthen women's leadership and participation though public policy and multilateral banking operations.
Once upon a time, there were two sheep. One was a small sheep ... so small (separate hands to show size). It has a soft voice ... baa!

The other was a big sheep ... so big (stretch arms to show size). It has a loud voice ... BAA! The two sheep are brothers.

Every day, Big Sheep and Small Sheep gambolled out to the fields to play together and to look for grass to eat.

One morning, as always, the two sheep went out. Big Sheep and Small Sheep gambolled in the fields to look for grass to eat ... (Get the children to gambol together "to the fields.") Now it has not been raining for many days and most of the grass had dried up.

Big Sheep and Small Sheep gambolled for a long time but they could not find any green grass to eat. They were getting tired. Their feet were tired and they could no longer gambol. So they walked ... (Get the children to drag their feet on the ground.) Big Sheep and Small Sheep walked and walked from morning until afternoon but there were no green grass. As far as they could see all the green grass had become brown.

The sun was getting hotter. Big Sheep and Small Sheep were tired, hungry and thirsty ...

The big bad wolf was very hungry. He wants to eat small grass. They were very happy and they gambolled all the way home ... (Get the children to hold hands and gambol "all the way home.") Big Sheep found the green grass and he could have eaten the grass all by himself. But Big Sheep was generous and let Small Sheep eat the small patch of green grass. Small Sheep was also sharing ... he shared the green grass with Big Sheep. Small Sheep loves Big Sheep and Big Sheep loves Small Sheep.

The big bad wolf went and called his other wolf friends to help. So a whole pack of three wolves came and pounced upon Big Sheep and Small Sheep. Big Sheep and Small Sheep tried to fight with the wolves but there were too many of them. "Run and get help" shouted Big Sheep to Small Sheep. Small Sheep ran toward home as fast as he could.

Small Sheep from the big bad wolf. But when the big bad wolf proved too strong for Big Sheep, Small Sheep returned to help. United Big Sheep and Small Sheep were strong.

The big bad wolf went and called his other wolf friends to help. So a whole pack of three wolves came and pounced upon Big Sheep and Small Sheep. Big Sheep and Small Sheep tried to fight with the wolves but there were too many of them. "Run and get help" shouted Big Sheep to Small Sheep. Small Sheep ran toward home as fast as he could.

One Little Flower, One Little Bee

There were ten in a bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were nine in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were eight in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were seven in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were six in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were five in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were four in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were three in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were two in the bed and the little one said, "Roll over, roll over." rolling motion So they all rolled over and one fell out.

There were one in the bed and the little one said, "Roll over, roll over." so they both rolled over and one fell out.

There was one in the bed and the little one said, "Good night!"
What's On The Mind:

Giving Thanks

This week is Thanksgiving in the United States. It is a tradition that goes back several centuries. The first Thanksgiving took place between the Pilgrims, the English who first landed in what is now the US and the Native Americans who are indigenous to the area. The Native Americans had taught the Pilgrims how to farm and grow their own crops in order to survive and the Pilgrims thanked them with a feast at the time of their first harvest. From thereon, a Thanksgiving Day was set aside each year to celebrate the year's bountiful harvest. Harvest festivals are not uncommon throughout the world and this tradition of celebrating the harvest continued yearly in the US.

Today Thanksgiving Day is a holiday where family and friends get together to catch up, reminisce, tell jokes, eat lots and lots of food and generally give thanks for all the good things in life. In many ways, this is not quite different from what they did at the very first Thanksgiving. It also signals the start of the Christmas season and turns the Christmas holiday into a month's long celebration. Every Thanksgiving and Christmas season is a time to stop and reflect on the past year and think about the things that are most meaningful to you and those things that you are grateful for. This year is a time to be especially grateful because the past year has been filled with many economic and global challenges. The current state of the economy and the unknowns for next year, have led to everyone being mindful of and grateful for the simple things in life. Too often we take for granted what matters most and unfortunately it often takes a significant, often painful act, to remind us of the simple pleasures in life.

This Thanksgiving season explore what those simple things are that makes you truly happy and grateful, whether it is your child’s first word, a grandparent recovering from an illness, your teen’s first A, or your health that you are grateful for. Whatever it is, we all have something in our lives that makes us truly grateful. Discover it and treasure it.
Our Prime Minister and Minister of Finance has formally informed the nation of Belize that we are in a recession. It is a general slowdown in economic activity over a long period of time. This is a time when business profits are down with bankruptcies and unemployment rate on the rise. It is basically that there is not enough money going around to sustain our living habits.

Recession is believed to come in cycles of up to 10 years apart. The effects of a recession vary and may not be felt as severe as this one. This is the time when governments usually respond to recession by increasing money supply, increasing government spending and decreasing taxation.

Prime Minister Barrow is asking that we batten down, hold on to the mask and ride this time out; for as soon as the United States of America economy Belizean economy.

1. 19th Official Ceremony in Belize City reduced the visitors to Griga. Need some other attraction?
2. Dangriga Town was not at its best display for the 19th. The field in front of the Catholic Church needed attention as other areas. No money? Or No interest?
3. Construction workers still without work. The excuse is we do not have what the other district workers have. Then, get it for us because we want to work too.
4. U D P to build party hall. Best find out in whose name the building will be built. Remember the P U P assets!
5. Did the Perdomo family’s reaction to the land dispute in the King Park Area bring out the P M. Perdomo rule?
6. The rain is bringing out the pot holes. The wall - less drains need another cleaning. Who did work?
7. Recession, recession, recession. What we a du, boy?
8. U P party leader visiting the rural area over the weekend.
9. Congrats on the 25cent jackpot. It is a blessing in the recession.
10. Malibu Night Club to close. Pelican guest disturbance cited - can’t eat bread too?

Order your Home Made Cake for the Xmas
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Call 522-2429 and ask for Miss Alice.
The Garinagu in Belize celebrate their 186th anniversary. They must look back at the years of struggles in the past and develop effective ways and means to preserve this rich culture. Since their uniligious removal from 1795-1816 from their native homeland of Saint Vincent on March 11th 1796 and their arrival in Roatan Honduras on April 12th 1797, the Garinagu have migrated to Nicaragua, Guatemala, Belize and the United States. Ironically, in their native homeland of Saint Vincent most of the Garinagu have lost their culture. This was because after they were defeated by the British, laws and decrees were handed down that prohibited the Garinagu from practicing their culture. The basic elements of a culture are: language, religion, customs, traditions, oral history, arts, crafts, music etc. In order for the Garinagu to maintain this culture, they must ensure that all these given elements remain intact at all times. As time goes on, we can see that some of these elements are fading.

I believe that it is the responsibility of every individual Garifuna to do something on his or her own to maintain the Garifuna culture. When I was growing up in Dangriga Town as a little child, we used to go around the town with kerosene pan and knock them like drums to dance Jankunu, Shakanare, Punta and the various types of Garifuna dances. We did not wait for the 19th Celebrations to come up to do these things we did them almost everyday. The Garifuna people in my town adorned two vibrant associations namely: CAC and CDS. Any Garifuna person could go there on a daily basis to seek guidance, counseling or any form of assistance they needed. After hurricane Hattie, there were a few Garifuna families that were destroyed and remained in shambles for many years.

Economically, the Garifuna people were rich because almost every family in Dangriga Town had a farm that they had to do every day. This was also true for the other Garifuna communities like Hopkins, Seine Bight, Barranco and Punta Gorda Town. Over the years due to Eminent Domain on the part of the government and the need for cash to survive, many families do not own the lands they once possessed. Even in the mid 1800’s, the British Government did an economic analysis of Belize and found out that the southern part of Belize where the Garifuna people reside was the most industrious and exported everything to Belize. That was because most Garifuna families had their farms and produced their own food. Today that number has declined tremendously and you cannot get some young Garifuna children to go to farm because they have none. For those who have a farm to go to, they want you to move the farms into the town before they think about becoming farmers.

Garinagu in Honduras and Guatemala are still struggling for their basic Human Rights. Even though they were born and raised in those countries, the governments of those two republics look at them with disdain and treat them as second class citizens. In Nicaragua there are very few Garifuna people residing there and most of them have lost their culture. Only the Garinagu in Belize have excelled to the point where they are the only race of people that have granted a national holiday to preserve despite the fact that they make up a small portion of the country’s population. The Garifuna people’s contribution to Belize in education, sports, crafts, culture, politics, language and other areas of Belize’s development is significant. Over the years Garinagu have migrated to the United States in large numbers. The reasons for their migration are almost the same like most other people who leave their native homeland to go and live in America. Some of those reasons are: to join family members, to provide a better future for their repressive governments, to further their education and to seek better economic opportunities.

Today there are more Garinagu living in the United States than Nicaragua, Belize and Guatemala combined. When the Garifuna people were removed from Saint Vincent they numbered about three thousand. Currently, there are about 650,000 Garifuna people in the entire world. This estimated figure is being recorded and could be more in our people were to say Garifuna when asked to identify their race or ethnicity on any document. The question that most Garifuna people asked themselves in the past was: Why are we Garifuna? That was a question of the past. The new question now should be: What contribution am I making to help preserve my Garifuna culture? If we do not start making the Garifuna people to preserve the culture, then there will be nothing left for us to preserve. I am always proud of my ancestors for all the things they did to preserve this culture. I am now questioning the Garifuna leadership to come forward and do fundamental things that are as compatible to our past leaders. In my opinion, we have failed because if they could have done so much with very little, why can’t we do more with the vast amount of resources that are available to us in these modern times. We must not move away from a unified group, for we have nothing more with the vast amount of resources that are available to us in these modern times. We must not move away from a unified group, for we have nothing more.
Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that GIOVANNI FLORES is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate EAGLE'S eye located at 80 Commerce Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that RUI HANG CHEN is applying for the renewal of a SHOP LIQUOR LICENSE for the year 2010 to operate SHUN FA STORE located at 70 Commerce Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that WEI FENG BANG is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate BANG RESTAURANT located at 50 Commerce Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that MARCUS NUNEZ is applying for the renewal of a MEMBERSHIP LIQUOR LICENSE for the year 2010 to operate KINGS CASSAVA RESTAURANT and BAR located at Hopkins Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that HILBERTO SHAL is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate D'CENTURY BAR located at Santa Rosa Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that LENET PAT is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate BAR EL PASO located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ELBINA GOMEZ is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate NUEVO AMANECEC located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that DENISE MCEWREY is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate SILK GRASS Villange, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ALFREDO QUIB is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate SADANA'S BAR located at Tri Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that GLORIA CABLE is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate POWER HOUSE located at Independence Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ALFONSO FORD is applying for the renewal of a SHOP LIQUOR LICENSE for the year 2010 to operate FORD'S SHOP located at 18 Miles Stann Creek Valley Road, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that NUNEZ is applying for the renewal of a MEMBERSHIP LIQUOR LICENSE for the year 2010 to operate KING CASSAVA RESTAURANT and BAR located at Hopkins Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that HILBERTO SHAL is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate D'CENTURY BAR located at Santa Rosa Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that LENET PAT is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate BAR EL PASO located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that WEI FENG BANG is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate BANG RESTAURANT located at Independence Village, in the Stann Creek District.
Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JOHN F. SUAZO is applying for the renewal of a BEER LIQUOR LICENSE for the year 2010 to operate THE MANGO TREE located at Rear Ghans Avenue, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that YAN FEN SU is applying for a SHOP LIQUOR LICENSE for the year 2010 to operate MINI STORE located at Maya Beach, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ZHONG YUE RUAZ is applying for a SHOP LIQUOR LICENSE for the year 2010 to operate SHOP AND SAVE located at Hopkins Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JIAN PENG ZHU is applying for the renewal of a SHOP LIQUOR LICENSE for the year 2010 to operate GARDEN STORE located at St. Vincent Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JIN FUTAN is applying for the renewal of a SHOP LIQUOR LICENSE for the year 2010 to operate CHEE ENTERTAINMENT CENTER located at 78 Commerce Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that MARVA AUGUSTINE is applying for the renewal of a MALT & CIDER LIQUOR LICENSE for the year 2010 to operate LARUNI HATIE located at Hopkins Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that FELIPE CHUNE is applying for the renewal of a MALT & CIDER LIQUOR LICENSE for the year 2010 to operate MOPAN BAR located at Georgetown Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ADELINA MILLA is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate EL FLUM located at Bella Vista Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that ROSIBEL YUMEN is applying for the renewal of a PUBLICAN SPECIAL LIQUOR LICENSE for the year 2010 to operate HAPPY RANCH located at Santa Cruz Village, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that BARBARA DAWN KELT is applying for the renewal of a HOTEL LIQUOR LICENSE for the year 2010 to operate BIG WAVE located at Tobacco Caye, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JOHN McDOUGAL is applying for the renewal of a HOTEL LIQUOR LICENSE for the year 2010 to operate LESLIE COTTAGE located at South Water Caye, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that SHERANE JEX DIAZ is applying for the renewal of a CONVENIENT STORE LIQUOR LICENSE for the year 2010 to operate SHELL XAIBEL located at 6 1/2 Miles Stann Creek Valley Road, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that MARK BOWMAN is applying for the renewal of a CONVENIENT STORE LIQUOR LICENSE for the year 2010 to operate VALLEY ROAD TECAXO CONVENIENT STORE located at 1 1/2 Miles Stann Creek Valley Road, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that YUN FENG LI is applying for the renewal of a MALT & CIDER LIQUOR LICENSE for the year 2010 to operate XIAN DALI STORE located at St. Vincent Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that MAUDLINE WESTBY is applying for the renewal of a RESTAURANT LIQUOR LICENSE for the year 2010 to operate RIVER SIDE CAFE located at River Side/Oak Street, Dangriga Town, in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that YANG YING CHEN is applying for the renewal of a RESTAURANT LIQUOR LICENSE for the year 2010 to operate RIVER SIDE CAFE located at St. Vincent Street, Dangriga Town in the Stann Creek District.

Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JOHN McDOUGAL is applying for the renewal of a RESTAURANT LIQUOR LICENSE for the year 2010 to operate RIVER SIDE CAFE located at St. Vincent Street, Dangriga Town in the Stann Creek District.

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Notice is hereby given that under the Intoxicating Liquor License Ordinance Chapter 150 of the laws of Belize, Revised Edition 2000, that JOHN McDOUGAL is applying for the renewal of a RESTAURANT LIQUOR LICENSE for the year 2010 to operate RIVER SIDE CAFE located at St. Vincent Street, Dangriga Town in the Stann Creek District.
**MAKING your Day**

It wasn’t the dog

A guy goes to pick up his date for the evening. She’s not ready yet, so he has to sit in the living room with her parents. He has a bad case of gas and really needs to relieve some pressure.

Luckily, the family dog jumps up on the couch next to him. He decides that he can let a little fart out and if anyone notices they will think that the dog did it.

He farts and the woman yells, “Spot, get down from there.”

The guy thinks, “Great, they think the dog did it.”

He farts out another fart and the woman again yells for the dog to get down.

This goes on for a couple more farts. Finally the woman yells, “Damn it Spot, get down before I put you on the black sand.”

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“Dammit Spot, get down before you make the bed.”

Finally the woman yells, “This goes on for a couple more farts.

A drunken man gets on the bus late one night, staggers up the aisle, and sits next to an elderly woman. She looks at the man up and down and sits next to an elderly woman.

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Where is this bus going?

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Shrimp and Vegetable Stir-fry

**Ingredients**

- One pound medium size fresh shrimp
- ¼ cup dry white wine
- 2 tablespoons lemon juice
- 1 teaspoon cornstarch
- 1 teaspoon grated gingerroot
- ¼ teaspoon curry powder
- ¼ teaspoon crushed red pepper
- 2 teaspoons cooking oil
- 2 small zucchini
- 15 ounce package frozen baby corn thawed or one 15 ounce can baby corn drained
- 1 small red onion thinly sliced
- 2 cloves garlic minced
- 2 cups hot cooked rice

**Preparation**


Agriculture Vibes - Unity - Power of One

**Presentation:** John Antonio

“Farming like nation building is a task for Giants. Small men see it and walk away.”

The folks who grow plants around the house in small areas are called gardeners. The beginning of a good garden starts with soil or planting medium. In nature we get this type of soil when trees die rot mix with mud or sand to form a type of soil called loam. Loam is made up of a lot of humus. To achieve this same condition the gardener rakes up, piles and mixes the leaves with chicken dropping (manure) and mud in a controlled environment. The stuff rots and breaks down after a few weeks. With repeated mixing during this period the stuff becomes one. When done properly the stuff obtained is rich in nitrogen plant food and has its own distinct smell. This stuff is called compost. If you want more details on how to make compost visit a library in your area.

Urban gardeners are small producers. They too can come together to facilitate a felt need. This we call cooperation. The group is called a cooperative. A cooperative is a group that has come together to deal with a felt need. For example a group of producers can come together to buy or sell as a group to save on cost. Another example might be a person who has a heap of leaves but does not have the time to do a garden. In order to get the job done at minimum cost, the gardener takes away the leaves, goes to the other person with a chicken coop, takes off the manure then piles it up in a controlled environment to form compost. See how many people are involved? This is cooperation.

A problem I encountered with small gardening is the buying of chemicals to control insect pest and diseases. Usually the amount sold is too big a portion for one or two fruit trees. By coming together these persons can purchase the portion sold and share it amongst themselves or resell it to the other growers as the group expands.

**Planting Dates**

**Planting Dates for above the ground:**
- December 3, 4, 12, 13, 21, 22, 23

**Planting Dates for below the ground:**
- December 3, 4, 12, 13, 14, 15, 31

**Planting Dates for Flowers:**
- December 2, 10, 11, 12, 31

**Best Days to Destroy Weeds:**
- December 1, 5, 6, 7, 8, 29, 30

**Best Days to wean babies:**
- December 14, 15, 19, 20, 25

**Best Fishing Days:**
- December 3, 4, 12, 13, 21, 22, 23

**Full Moon will be on Dec. 02**
WABAGARI POST  FRIDAY, NOVEMBER 27, 2009  522-2429

Puzzle 40 Racing


Can be purchased at the following places:

- Integrated Business Systems
- Roxy Club
- Valley Road Texaco Service Station
- Oscar Ramirez Bookstore
- Styno’s Pharmacy
- SiahNet Cyber Café
- Tania’s Guest House (Hopkins Village)
- Georgetown Village (Arlette Lee)
- Sittee River Village (Ava Kelly)

HOROSCOPE
November 27, 2009

Aires (March 21 - April 19)
You're balancing power and passivity very well now, which is earning you respect.
Whatever happens today, you are sure to avoid boredom!
You maintain a steady level of activity that keeps you fully engaged and ready to strike when opportunity inevitably comes knocking.

Taurus (April 20 - May 20)
The amusement you feel watching someone struggle isn't necessarily a bad thing!
Try not to drop too much money on anything big today unless you've done hours of research -- impulse shopping is not-nos!
Someone needs to show you a few new features or options.

Gemini (May 21 - June 20)
Answers come flowing at you today, even though you didn't ask any questions.
Your social network stretches farther out than almost anyone else you know -- which makes you a key player in a lot of dramas!

Cancer (June 22 - July 22)
People want to hear your ideas today -- they matter more than you think they do.
You can count on someone trying to set you off early today, but if you can avoid the temptation to react emotionally, you should be able to handle them with ease. It's all a mind game!

Leo (July 23 - August 22)
Career growth relies on your reputation.
Show everyone you're a team player.
You're having more fun than usual, which for you might be saying quite a bit! See if you can get your friends to join you in your quest for knowledge, as it should lead you in some interesting new directions.

Virgo (August 23 - Sept 22)
If you have any plans to travel soon, double check your reservation information.
Your feelings are tending toward exuberant right now and you need to make sure that you're sharing that with as many others as possible. It's a good time to choose a new course of action.

Libra (Sept 23 - Oct 22)
You are even more magnetic than you thought -- and proof is coming your way today.
You may need to let your primary relationship coast for a while as you make your way through the world and try to get other folks to take your side or at least keep from impeding your way.

Scorpio (Oct 23 - Nov 21)
Do not be afraid to let your bolder side come out today.
It will get you noticed.
Take care of stuff today with as much vigor as possible -- you need to check every last detail if you want to succeed! That might not be your way on most days but you can make it work now.

Sagittarius (Nov 22 - Dec 21)
Ideas are waiting to be discovered by the analytical part of your mind today.
See if you can get your kids -- if you've got any -- to hang out today.
Your energy is much more childlike, so one way or another, you're at your best when interacting with others in the same frame of mind.

Capricorn (Dec 22 - Jan 19)
Being easygoing is important but be careful not to let anyone walk all over you.
You can't help worrying -- some might say that it's what you do best! They're wrong, of course (and mean) but right now it feels as if they're on to something. Try to let go of what you can't control.

Aquarius (Jan 20 - Feb 18)
Today, you are ready to take a new outlook on old relatives.
Reconnect if you can.
Someone is trying to explain something to you and you might not be able to hear them out. It's one of those things that might be better left unsaid, actually -- though you need to understand it later!

Pisces (Feb 19 - March 20)
Appearances matter and you will find yourself making decisions based on them.
Your thinking is a little fuzzy today but that can yield incredibly creative answers if you let it!
Don't let yourself get tied down by anyone's preconceived notions of what can work and what can't.